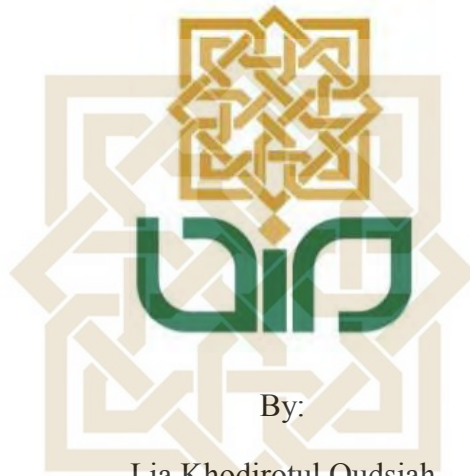


**THE PORTRAYAL OF SPIRITUALITY AS SEEN IN *VERTICAL LIMIT***

**A GRADUATING PAPER**

Submitted in Partial fulfillment of The Requirements for Gaining

The Bachelor Degree in English Literature



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I certify that this research is originally my own work. I am completely responsible for the content of this research. Other researchers' opinions or findings included in this research are quoted or cited in accordance with ethical standards.

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Saya menyatakan bahwa skripsi tersebut sudah dapat diajukan pada sidang Munaqasyah untuk memenuhi sebagian syarat memperoleh gelar Sarjana Sastra Inggris.

Atas perhatian yang diberikan, saya ucapkan terimakasih

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## MOTTO

*All men die, but Allah says it is what we do before we die that counts.*

(Kareem)

*...Say, Indeed, the death from which you flee indeed, it will meet you. Then you will be returned to the Knower of unseen and witnessed, and He will inform you about what you used to do...*

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## DEDICATION

Sincerely, I dedicate this thesis to:

My beloved parents, Bpk. Muhammad Sholihin & Ibu Sri Eka S.,

My young sisters Alvira Murdiatusholeha & Najwa Aulia Azzahra,

My uncle and aunty, Munir Syafa'at & Barokah Nawawi,

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The researcher believes that every human being cannot be excluded from the absence, the researcher hopes all constructive corrections to make this graduating paper get improved.

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Yogyakarta, August 24<sup>th</sup>, 2019

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# THE PORTRAYAL OF SPIRITUALITY AS SEEN IN *VERTICAL LIMIT*

FILM (2000)

By: Lia Khodirotul Qudsiah

## ABSTRACT

*Vertical Limit* film is a film about the climbers who are carrying out a dangerous rescue mission to save the other climbers who are trapped in the rubble of ice in K2 mountain, Pakistan. Even though the film focuses on a rescue mission to save the other climbers. Yet, it contains a moral value of spirituality. Many people have religion that they believe, but not all of them have strong principle especially when they in a dangerous situation. Different with character Kareem in this film, he stays on his principle of life especially praying and worshipping in the bad condition. The researcher thought that there is a strongest power in his self that made him different with the other especially he still praying and worshipping in the dangerous expedition. In this way, it becomes the researcher's background of the study for conducting research which aims to analyze how the portrayal of spirituality as seen in the *Vertical Limit* film with Kareem's religiosity as standard to find spiritualit and how religiosity affects his spirituality. The researcher uses Kiesling et al's theory of spiritual identity transformation development which consists of three spiritual identity phases of *foreclosed* (close), *moratorium* (crisis), and *achieved* (attainment) to analyze this research. Besides, the Islamic approach is also used to answer the problem statement. This research is qualitative research with objective criticism as a method of research. The analysis explains that in the first phase, religion plays an important role but family as the main factor that affects his spirituality. Kareem does not go through the second phase of *the moratorium* (crisis). He has a deep understanding of his religious teaching and the conceptual of heaven in the hereafter. This comprehension makes him achieve the highest level of satisfaction especially on something that he has been done in the world.

Key word: *Spirituality, Spiritual Identity Transformation, Islamic Perspective.*

# THE PORTRAYAL OF SPIRITUALITY AS SEEN IN *VERTICAL LIMIT*

FILM (2000)

Oleh: Lia Khodirotul Qudsiyah

## ABSTRAK

Film *Vertical Limit* adalah sebuah film tentang para pendaki gunung yang sedang melakukan misi penyelamatan berbahaya untuk menyelamatkan beberapa pendaki lainnya yang terjebak di bawah reruntuhan es di gunung K2, Pakistan. Meskipun film ini fokus ke dalam misi penyelamatan yang berbahaya, namun pada kenyataannya film ini menyajikan sebuah nilai moral dari spiritualitas. Banyak orang yang mengaku memiliki agama tetapi tidak semuanya memiliki prinsip yang kuat khususnya ketika mereka berada di dalam situasi yang berbahaya. Berbeda dengan tokoh Kareem dalam film ini, ia tetap pada prinsip hidupnya khususnya dalam berdoa dan beribadah di kondisi terburuk. Peneliti berpikir bahwa ada kekuatan yang kuat di dalam dirinya yang membuat ia berbeda dari kebanyakan orang terlebih dalam hal tetap berdoa dan beribadah dalam sebuah ekspedisi berbahaya. Hal inilah yang kemudian menjadi latar belakang dari penulis untuk melakukan penelitian yang bertujuan untuk mengetahui bagaimana penggambaran spiritualitas dalam film *Vertical Limit* dengan agama Kareem sebagai standard untuk penggambaran spiritualitas serta bagaimana agama mempengaruhi spiritualitasnya. Penulis menggunakan teori perkembangan identitas spiritual dari Kiesling dkk untuk menganalisa penelitian ini. Teori ini terdiri dari tiga fase yakni *foreclosed* (tertutup), *moratorium* (krisis), dan *achieved* (pencapaian). Selain itu pendekatan Islam juga di gunakan untuk menjawab rumusan masalah. Ini merupakan sebuah penelitian kualitatif, dengan kritik objektif sebagai metode analisisnya. Analisis ini menjelaskan bahwa pada fase pertama, agama sangat berperan penting namun masih disertai keluarga sebagai faktor utama yang mempengaruhi ketenangan di kehidupannya. Kareem tidak melewati fase kedua yakni *moratorium* (krisis). Ia memiliki pemahaman yang mendalam dengan ajaran agama dan agama memberikan pemahaman akan konsep surga di akhirat kelak. Hal ini lah yang membuatnya mencapai level kepuasan tertinggi akan apa yang telah ia lakukan di dunia.

Kata kunci: Spiritualitas, Transformasi Identitas Spiritual, Pandangan Islam.

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# CHAPTER I

## INTRODUCTION

### 1.1. Background of Study

Literature is a part of human life and one of instruments that accommodates the aspirations of human creativity. Humans can express their real emotions through writing or speaking. According to Olaofe Isaac Ade and Oyeniya Okunoye in *An Introduction to Literature and Literary Criticism*, literature is permanent expression in words (written or oral) arranged specifically in the form and literature is produced by thoughts, feelings, ideas or other special aspects of human experience (Ade and Okunoye, 2008:3). And also according to Abrams, “literature primarily expresses the feeling or temperament or creative imagination of its author”. (Abrams, 2009: 348).

The film is one of a popular literary works that is displayed with different sense namely visualization. The film makes the reception of literary works easier by using audiovisual elements directly and the aspect of equipment which is used. According to Seymour Chatman, Films endows narrative with interesting new possibilities of point of view manipulation, since they have not one but two, cotemporary information channels, visual and auditory (and in auditory, not only voices but music and noises) (Chatman, 1928: 158-159). Many film productions are to entertain the public and many films have been created by literary works such as novels, short stories or stage plays. The film is one interesting literary works because the film shows us the real, it means that audiences can realize their

imaginations rather than they only read the novel, short story or the other literary works.

The researcher chooses film as a subject because film is one of the popular literary works which is easy to understand by the people, but there are many controversies caused by different opinions when explaining the film. The reason why the researcher chooses the film as a subject is because according to one of Philosophers structuralist, Christian Metz. He said that “A film is difficult to explain because it is easy to understand”. This statement makes the researcher interested to choose a film as a subject rather than the other literary work.

The researcher Chooses the *Vertical Limit* produced by Martin Campbell because in this film presents something different from the other film that contains adventure theme. The researcher identified that the title of this film “Vertical Limit” has the deepest meaning. Commonly, people know that vertical is a line that connecting above and bottom also limit is a position beyond which something does not or may not extend or pass (<https://en.oxforddictionaries.com>) but besides these statements, when we look carefully we would find the different meaning both of them. The researcher thought that vertical limit in this film means a relationship between people and his God. This relationship shows a condition where a person's maximum ability or limit of someone with his god in a bad situation. The bad situation of this film is about a struggle in every character on a dangerous expedition to save someone's life under the rubble of ice in K2's mountain and also the struggle to keep living for all of them.

The researcher found the unique things that happened in this film. The first, there are many motives of some characters in this film especially when Anne's brother tries to ask people for help to save Anne and her team in the a rubble of ice. Some of them are because of money, family, traumatic experiences and some are truly pure because of humanity from himself. The second is when the team expedition tries to save Anne and team under the rubble of ice, they continue to carry out religious rituals and some of them argue about their beliefs especially the existence of God.

The researcher thought that it is not easy to join the dangerous expedition, if it is not based on strong motives and it is not easy to do the religious rituals in a dangerous situation like some characters in this film did. Many people have religion that they believe, but not all of them have strong principle especially when they in a dangerous situation. Different with character Kareem in this film, he stays on his principle of life especially praying and worshipping in the bad condition. The researcher thought that there is a strongest power in his self that made him different with the other especially he still praying and worshipping in the dangerous expedition.

The researcher found that the strong principle of Kareem are caused by the spirituality in his self. How is spirituality determined in what he has been looking for, finding and maintaining something that his believed but many people are wrong when understanding about spirituality and religion. Spirituality is another factor that makes people stayed on his principle with knowing the aim of his life, why they choose something and believe something of their choice. Spirituality is

the important thing in our life. Spirituality is more of individual practice and has to do with having a sense of peace and purpose. (<https://au.reachout.com/articles/what-is-spirituality/>).

According to Balthsar, spirituality is the way in which a person understands and lives within his or historical context that aspect of his or her religion, philosophy or ethnic are viewed as the loftiest, the noblest, the most calculated to lead to the fullness of the ideal or perfection being sought (As cited in Walter, 1983: 136). Different with religion, According to Arglye et, al, religion is a system of beliefs in a divine or superhuman power, and practices of worship or other rituals directed towards such a power (As cited in Raymond, et. al, 2005: 23). Simply, religion is one of the ways for people to find their spirituality. Hasan al-Bana as Muslim figures, he said that it is important for the people to have the kind of spirituality of his life because the spirituality has the aim to make strong soul and spirit, continue in keeping relationship with God and always begging help from Him, keep balanced of the needs of the world and the hereafter (As Cited in Jaya. 2018: 51). The essence of people chooses religion is to find the calmness in their life but in the fact when they choose one of the religions in their life, they did not find what they were looking for.

Based on the explanation above, we know that this film shows the differences motive from each character and religiosity like still pray in the dangerous situations especially on character Kareem. The researcher use the spiritual aspect from the characters by using identity and spirituality theory by Kiesling et al. because it is appropriate to be used for analyzing the case.



According to Kiesling et al., spiritual identity theory is defined as the role in which individual constructs as the sense of self addressing ultimate questions about the nature purpose and meaning of life, and resulting in behaviors which are consonant or dissonant with individual's core values (2002: 2, 59). The core values as cited in Kiesling theory is a sense of spirituality that emerges as the symbolic religious and spiritual content of a culture that appropriated by individuals in the context of their own life (Berger & Luckman, 1996: Mead. 1934). The researcher have to know more about the Kareem's spiritual identity to find the portrayal of spirituality itself. In other words, the content of one's sense of spiritual self is individual whereas the structure is inherently social and thus inevitably local and historically specific (Berger & Luckman, 1996: Mead. 1934).

In Kiesling et al's theory, the development of spiritual identity transformation consists of three spiritual identity phases of *foreclosed* (close), *moratorium* (crisis), and *achieved* (attainment). These phases will used to analyze this research. Besides, the Islamic approach is also used to answer the problem statement.

This research is qualitative research with objective criticism as a method of research. The Focus on this research is on character Kareem as a Moslem figure in this film and as one of the religious standards that teaches the kindness, moral values, and religious law. Besides, The researcher also analyze the spirituality of Kareem into three phases by using Kiesling et al. *foreclosed* (close), *moratorium* (crisis), and *achieved* (attainment). Even though Islam is used as a standard among the other religions but whether religion always influences the spirituality

in the character of Kareem. Furthermore, some studies of any related materials within this film are also analyzed to get the deepest understanding of the portrayal of spiritual identity such as the intrinsic elements of the film.

## **1.2. Research Questions**

1. How does Islam affect Kareem's spirituality?
2. How can it be explained?

## **1.3. Objective of study**

In its relation with the problem statements above, the aim of this research is finding out how the portrayal of spirituality as seen in the *Vertical Limit* film which is Kareem's religiosity as standard to represent spirituality. Besides, this research aims to know how Kareem's religiosity affects spirituality and to know how it was explained.

## **1.4. Significance of the Study**

The researcher is expected by doing this research, the researcher will find the spirituality portrayed with the other religion especially on the character Kareem in *Vertical Limit* film. The portrayal and construction of this spirituality is helped by Kiesling's spiritual identity theory. Here, Kareem's religiosity is as standard to represent religion. The research with the topic of spiritual identity is needed to understand the construction, cause and its effect on some characters that represented in literary work, especially in the *Vertical limit* film. Furthermore, this research is significant for people who are interested in reading and understanding about spirituality, generally in the *Vertical limit* film and also the researcher

expects by doing this research it adds insight to the researcher about spiritual identity then hopefully makes the researcher can be closer to the God.

### 1.5 Literature Review

This research depends on the spiritual analysis as seen in the *Vertical Limit* Film. Before doing the analysis, the researcher has found several previous studies that have similarities and differences from this study. Previous researches here prove that these researches have not been done yet by the other researchers. For the researcher herself, these previous researches will help her analysis because they provide a model of study.

The first previous research is Rieco Rinaldi's thesis paper entitled "Register Used by Mountaineer in *Vertical Limit* Movie". He was a student English department in Sunan Ampel Islamic State University and thesis was written in 2015. Three research questions are formulated in his analysis. They are of what register is used by mountaineer in *Vertical Limit* movie, what is the meaning of each register in the *Vertical Limit* film and also in what context of the situation (field, tenor and mode) are registers used. He uses register and context situation theory. His method of analysis is by descriptive qualitative. Therefore, the researcher intends to explore the register that the mountaineer use when they climbed the mountain.

From his analysis, it can be concluded that there are 25 terms appearing in the "Vertical Limit" movie. It is divided into two forms. They are *word* and *phrase*. Every term that appears in *vertical limit* movie has different meaning and function. The writer gave the meaning of each register to make the readers

understand. Those register are used by the climbers in three situations that are *training* and *rescue mission time*.

The second previous research is Zainiyyatur Rohmah's graduating paper entitled "Spiritual Identity Transformation of Celie in Alice Walker's *The Color Purple*". She was a student English Department in Sunan Kalijaga Islamic State University and her graduating paper was written in 2014. Three research questions are formulated in her analysis. They are how does Celie's spiritual identity transform in *The Color Purple*, what are the effects of Celie's spiritual identity transformation in her life and also how does Islam, as religion, see this spiritual identity transformation. She uses spiritual identity theory and film theory. Her method of analysis is qualitative research. Therefore, the researcher intends to explore spiritual identity on the character of Celie in *The Color Purple* novel, discover the effects of Celie's spiritual identity in her life and perspective of Islam as a religion toward spiritual identity transformation. From her analysis, it can be concluded that Celie's first spirituality is where she commits to believe in a particular God (Christian God) and it does not bring happiness in her life. Her happiness comes when she reaches achieved spiritual identity trough personal exploration of the highest divine.

The researcher will make these previous researches as a reference in this research. The two prior researches have similarities and differences from this paper in some ways. In one sight the prior researches have similarity focus on the theory and object that will be used by the researcher in conducting this research

and give some information from the review of the essay. The difference of this research with the previous researches is the focus in the same object.

This research focuses on the portrayal of spiritual identity as seen in the *Vertical Limit* Film. How does Islam affect Kareem's spirituality and how can it be explained.

## **1.6 Theoretical Approach**

The researcher in this graduating paper uses spiritual identity theory as the main theory and the researcher also uses the movie theory to research the *Vertical Limit* film.

### **1.6.1. Spiritual Identity**

In its relation with the portrayal of spirituality in the *Vertical Limit* film, the researcher uses spiritual identity theory presented by Kiesling et al. as the main theory to analyze and get the data. This theory relates closely to the aim of the researcher to find the portrayal of spirituality in each character in this film. The researcher chooses spirituality as the case in this research is because in the fact people have difficulty to find the calmness and difficult to explain about the aim for his life, and spiritual identity is the theory that has a correlation with this research to find the portrayal spirituality in each character.

Spiritual identity itself is a feeling for people to find clarity or purpose for something that they choose or do with the ending of the result in the form of calmness and satisfaction. This statement is according to Kiesling et al. that spiritual identity is defined as a persistent sense of self that addressed ultimate questions about the purpose, nature and mean of life, results behaviors that are



consonant with the individual's core values (Kiesling et al.2006: 1269). Kiesling define a sense of spiritual identity focuses on individual construction of a relationship to the sacred and ultimate meaning (Kiesling et al.2006: 1270). A sense of spiritual identity also posits that it emerges as a symbolic religious and spiritual content of a culture is appropriated by individuals in the context of their own life (Kiesling et al.2006: 1270). In other words, as cited in Kiesling at al. said that the content of one's sense of spiritual self is invidual, whereas the structure is inherently social and thus inevitably local and historically specific (Berger & Luckman, 1996: Mead. 1934).

Kiesling et al, categorizes spiritual identity in three levels like *foreclosed* (commit to particular option), *moratorium* (have not arrived at a place of commitment) and *achieved* (make personally define commitment). Three of these levels contain three themes which are labeled into salience/meaning, influence/investment, and continuity /change (Kiesling et al., 2006:1271).

The researcher categorizes each character in this film like what is explained in spiritual identity by Kiesling et al. before. It focuses on the motive that each character uses to do the dangerous expedition and also uses religion from character of Kareem as a standard of one's diversity and whether religion would really affect people's spirituality. Here is the summary of spiritual identity presented by Kiesling et al.:

Table 1 :

The key findings of Kiesling et al. s (2006) in the study of spiritual identity (SI)

Themes	Spiritual Identity Status		
	Foreclosed	Moratorium	Achieved
Salience/ Meaning	Saw SI as inherited and part of childhood	Motivated by psychological benefit or by intellectual and ethnical-considerations	Saw SI as choice
	Reliance on authority and family	No reliance on authority to define truth	Highest ratings of motivation intensity
	Saw spirituality as important role in life	Mostly positive affect about SI with negative identity fragments that prompted change	Highest level of affect intensity and impact of SI on self-perception and self-worth
	Having intimate and secure relationship with higher power		Could foresee consequences of losing SI
			SI is used to ascribe meaning to tragedy/trauma
Influence/ investment	SI had notable impact on self-perception and self-worth	SI had variable impact and import on self-perception and self-worth less ease in relating to higher power	SI seen as governing behavior for most participants

	Family, ethnically, and religious tradition are strong determinants of self-evaluation	Variable investment and impact on daily behavior	
	Role related SI is organized by daily behavior		
Continuity/ change	Little to no questioning of SI	Serious doubts and extensive reflectiveness	High ratings for reflectiveness and behavioral change

Source: MacDonald's (2009: 92) "identity and spirituality"

### 1.6.2. Film Theory

A film is a dynamic medium of human to show their ideas or opinions. According to Villarejo, the film has been a dynamic medium, put to uses other than those of the commercial narrative form. (2007: 23). Film study is like a language that could be defined into two parts, form and rules. Film analysis – the name for the study of film as “like a language” through a taxonomy of its form and an examination of its rules – similarly brackets film history, theory, the philosophy of the image, fandom, technological shifts, industrial organization, and so on. (Villarejo, 2007: 27). Furthermore, Villarejo argues that film study lends itself most powerfully to the study of narrative film, to be sure, a dominant form but we have seen by no means the only one. (2007: 27)

There are two important things on how to analyze a film according to Villarejo, first is *Mise-en-scene* and second is cinematography. *Mise-en-scene* has the function to make the film more realistic and how to make it real *Mise-en-scene*

has six components to support it become real. According to Villarejo (2007: 29). There are six components to *mise-en-scène* if you believe strongly, as I do, that “hair” deserves its very own, to wit: setting (set and props), lighting, costume, hair, make-up, and figure behavior. Furthermore, to remembering that mise-en-scene is one of the elements in the cinematography, and the other element of cinematography is the camera, the angle, the camera movement and anything to do with the camera belongs to cinematography. According to Villarejo, the camera’s angle and distance may remain constant or change with the camera’s movement during the shot. Anything to do with the camera, that is, belongs to the real of cinematography (Villarejo, 2007: 26).

According to Villarejo (2007: 38), there are several aspects to analysis the film. The aspect that is using the human body as the reference point for each designation:

- a. The extreme long-shot, in which one can barely distinguish the human figure and environment.
- b. The long-shot, in which humans are distinguishable but remain dwarfed by the background.
- c. The medium-long shot, or plan America in, in which the human is framed from the knees up.
- d. The medium shot, in which we move in slightly to frame the human from the waist up;
- e. The medium close-up, in which we are slightly closer and see the human from the chest up;

- f. The close-up, which isolates a portion of a human (the face, most prominently);
- g. The extreme close-up, in which we see a mere portion of the face (an eye, the lips).

### **1.7. Methods of Research**

This part of the research, contains of the type of research, data sources, data collecting technique, data analysis technique, paper organization.

#### **1.7.1. Type of Research**

A method is an instrument for the researcher to get and complete the purpose of the research and study. According to the *Oxford Dictionary*, A method is a way of doing something (pg. 734). The researcher in this paper using a qualitative method because the researcher uses and searches the resources in libraries to get the important resources that are required by the researcher. The resources are from the libraries through books, journal, e-book and other text which are required by the researcher and which have a connection with the topic or object.

#### **1.7.2. Data Sources**

The researcher uses two sources, the primary and secondary sources data. The primary data is taken from the *Vertical Limit (2000)* film. The unit data of it comes from movies descriptions about the spiritual analysis on character Kareem as seen in *vertical limit* film and using spiritual identity theory by Kiesling et al. as the main theory and film theory by Villarejo as the second theory for analyzing it. The secondary data is taken from other data which contain the information and

ideas about the concepts that the researcher need. The data are gained from books and internet (journals, e-books, and other related resources).

### **1.7.3. Data Collection Technique**

The data in this graduating paper are got and reached from the movie and script as the main resources. The researcher uses the qualitative analysis method to analyze the movie and script as the main resources. The method is worked by describing the data that contain of Kareem's behavior. The researcher categorizes behavior by addressed ultimate questions about the purpose, nature, mean of life and a relationship to the sacred then the data explained by the theory.

In the method of data, the researcher conducts some steps to analyze the data. First, the researcher reads or watches the film to collect the data, then she classifies the data into several categories based on the spiritual identity especially on Kareem's behavior the in this film. Second, the researcher reads the meaning of the movie deeply and intensively until getting the data that the researcher need, the data from the movie, such as intrinsic elements which contain the theme, characters, characterization, plot, and setting. Third, the researcher collects and selects the screen shooting the scene of the movie then put it into the table (using Microsoft Excel) and explains it in each frame of the film. Fourth, the researcher categorizes the data from the film into the table and categorizes the picture from the film according to the variable of spiritual identity theory (Answers about the purpose, the ultimate meaning, nature, mean of life and a relationship to the sacred). Fifth, the researcher applies the spiritual identity theory with the data that has found on the *Vertical Limit* film.



#### 1.7.4. Data Analysis Technique

The data analysis technique is divided to collect the data and evidence on literary research. In this research, the researcher analyzes the film by using several steps to analyze the data. The first, the researcher classifies the data by the event of the film and then the classification only based on Kareem's behavior. The second, the researcher analyzes and categorizes the data through using spiritual identity by Kiesling at al. especially to finding Kareem's behavior that contain about the purpose, the ultimate meaning, nature, mean of life and a relationship to the sacred. Kareem's behavior later bring up a core value in spiritual identity. The core value is the sense of spiritual identity that use to find the portrayal of spirituality in *Vertical Limit* film. The third, using theory of film by Villarejo especially on *mise-en-scene* and cinematography of the film. Here, Kareem's religiosity especially Islam is as standard to represent religion. The researcher tries to find how Islam always affects the spirituality and how it can be explained by the character of Kareem. Thus, the result of the data analysis would be presented in the descriptive explanation to conclude the data analysis.

#### 1.8. Paper Organization

This research paper is divided into four chapters. The first chapter is the introduction of the research that includes the general information of the research such as the background of the study, problem statements, objectives of the study, significances of the study, literary review, theoretical approach, method of research, and paper organization. The second chapter contains the element of the *Vertical Limit* film, which is presenting the intrinsic elements that included the

theme, plot, settings, and character and characterization. The third chapter is the analysis of the problem statements of the research and the last one is the conclusion.



## CHAPTER IV

### CONCLUSION AND SUGGESTION

#### 4.1. Conclusion

This research's objectives are to find out the portrayal of spirituality as seen in *Vertical Limit* film which is Kareem's religiosity as standard to represent spirituality and to discover the effects of Islam for his spirituality. According to Kiesling, et al.'s theory of spiritual identity development, Kareem's spirituality transforms only through two phases and there is one phase which is not passed by character Kareem. In the beginning, Kareem's spirituality includes in Foreclosed status. This status concludes that Kareem inherits his Islamic identity from his parents, and Kareem's motivation is to save his cousin, Ali, in the rubble of the ice. It means that he thinks about his family. Kareem obediently follows his heart to find his calmness. In the beginning, Ali as the way for Kareem to find the calmness in his life.

However, Kareem does not pass next status of Kiesling, et al.'s model, Moratorium. This status does not prove that Kareem is far from his God but he is easier in relating to the higher power and it makes him have strong spirituality. The last status is the achieved spirituality which becomes the most pleasant places for his spirituality. Achieved spirituality showed where he changes his aim to find the calmness. Ali as his cousin is not the only one the aim for him to find the calmness in his life. The perfect die in the limit of his life becomes the aim for him to find his calmness. Kareem reaches the perfect die in the limit of his life

because in the last of his life he does all the religiosity rules that he believes. It means Kareem is in the position of achieved spirituality.

Furthermore, Islam as Kareem's religiosity affects his spirituality. It portrayed when Kareem is still praying during the dangerous expedition and also he is closer to God when he is in the limit of his life. Islam has the concept that people's spirituality is getting better and having a renewal in clarity of heart by multiplying prayer, obedience and leaving something that causes lust and sin. This concept makes Kiesling's theory looked a little different from Islamic teachings, especially to find the achieved spirituality. Kareem does not pass next status of Kiesling, et al.'s model, Moratorium but he still reach the highest of his spirituality or achieved status because Islam teaches that personal spirituality can be seen by people's attitude. Researcher identified Kareem as the person who does worship, especially when he is still praying in the dangerous situation. It makes he cannot pass in moratorium spirituality stage but he still reached the achieved status of spirituality.

This film itself shows how people can increase their spirituality to the highest spirituality. There are many ways for people to find his spirituality and people can do what they want to do. The position of religion itself is a way for people to find the truth of their spirituality. The author wants to deliver a message to all of people who have religion in his life especially Muslim to have the strongest faith in his life and also do all the rituals of his religion, especially worship sincerely without coercion then it makes them finding the calmness in their life.

#### 4.2. Suggestion

Spirituality is one of the important aspects in our life. Spirituality itself can contribute to the peace of mind and feeling relief from uncertainty of life purpose. The *Vertical Limit* film is one of the works from literary works that discusses spirituality. The researcher uses spiritual identity theory that focuses on people's process to get the highest spirituality in their life. Hopefully, the further researchers discuss this issue of spirituality by using other theories, so the analysis can be compared and also can enlarge the research.



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